

Infants daily schedule

Schedule is individualized and flexible to meet the needs of each child

8:00-9:00 Drop off/ Breakfast/Free play

9:10-9:30 morning milk/play time

9:35-9:45 diaper time

9:45-10:15 First nap

10:20-11:30 Play Time/Outdoor (weather permits)

(Sensory play, music time, crawling and walking movement game)

11:40-12:10 Massage time/Story time

12:15-12:45 Lunch

1:00-3:00 Nap time

3:15-3:45 afternoon snack/milk

3:45-4:15 Playtime

4:20-5:00 Free play / Nap

5:00-5:30 pick up